

ATTENTION: 27 D-1

Club Presidents, Secretaries, Zone Leaders, Cabinet

May 12, 2021

Dear Lions Leaders,

I am pleased to announce that the Mount Horeb Lions, under the organization of Trollway Diabetes Care, LLC, are able to continue offering the Diabetes Prevention Program in a virtual format. I am sure you are familiar with the staggering statistics about prediabetes, now affecting up to 88 million Americans (1 in 3, or 1 in 2 over 65)!

The results of the first 6 months of the first cohort are nothing but impressive (with a total of 43 pounds lost, and over 9000 minutes of activity logged)!

Please consider this an invitation to invite your club members to participate by visiting my website. This is a 1 year program meeting approximately weekly for the first 6 months. The overall goal is a 5-7% weight loss as a result of food logging and activity. **Now enrolling for a June start, most likely on Monday nights from 6-7 pm.**

Sincerely,

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