

Greetings, fellow Cabinet members:

I have to apologize for not making the first cabinet meeting of the Lion year, and especially not even having a committee update. I hope this will suffice.

The Diabetes Committee has not met yet this year, but this is on my priority list to do. A couple of our members do not have access to technology needed to meet remotely, so hopefully COVID will not pop it's ugly head out enough to prevent this from happening. If necessary, we can call members if they can't be there in person. As I'm sure you are as well, technology is great but it can never replace human contact. This is something that as Lions, we must not forget how impactful that human contact can be in our communities.

That being said, I wanted to provide an update about the Mt. Horeb Lions Diabetes Prevention service project. This continues to be an ongoing project that we plan to continue for the time being. I am busy recruiting for a new group that will start August 23. This will take place on Monday nights from 7-8 pm. I am still working on the current grant funds from the original WI Lions amount, which figures \$75/pp for the entire year program. This is not really an accurate amount considering the time spent on preparation and everything involved in keeping the class going. Everyone is doing a great job tracking and continues to be active and lose weight even 8 months into the program. One thing we have found is that the recommended monthly meetings seem too far apart, so I am working on having some fun activities so that we can continue to meet and support each other every 2 weeks. Participants not only get better health but also a printed curriculum, a Calorie King book, and digital scale. If it's not too late (one of things on my massive to-do list) I'd like to participate in our zone meeting coming up to also recruit. Sending the emails out to the individual club secretaries has not had the impact I would have hoped.

I want to continue to extend this invitation to anyone in the cabinet to sign up for the upcoming class. There is a chance I will delay it, as I have the opportunity to be part of a CDC sponsored research study that will pay the organization \$150 per attendee. That means I would love to have at least 6, preferably 8-10 people sign up. The more the merrier. The study involves a smartphone game that is aimed at health. I do not yet know if my group will be in the study group or control. I could not pass up this opportunity to possibly enhance outcomes and satisfaction with the program.

As far as next steps, I am looking for some volunteers for what I would say is a subcommittee with a goal of expanding the services that Trollway Diabetes, Inc. is able to provide to the communities in our district. I am going to be looking into the grant process and cycle for the Lions International grant as well as other community grants. Any interest or experience in this area would be greatly appreciated. I am still waiting to hear the results of my BC-ADM exam, which I have no doubt I passed. I expect results in the next 2 wks. Additional guidance from tax professionals or attorneys that may be able to consult about Wisconsin Scope of Practice laws, malpractice, etc. If you think you can help, I truly value your input.

Lastly, with recruiting and marketing efforts taking up funds, I will be asking for permission from the diabetes committee, or yourselves if you are so inclined, to be able to use \$200 from the Diabetes account. I have signed up for a networking and continuing education virtual conference that takes place this month (August 12-15), hosted by the Association of Diabetes Care and Education Specialists (ADCES-new name for CDE/diabetes professional). I really hope to come away with some great ideas that can help grow this one of a kind model of community health.

PS-If you are interested in signing up for the class, let me know ASAP. I will send you a registration form. You are eligible if you have screened positive with a blood test or the 1 minute screening test for pre-diabetes.

Yours in Lionism
Lion Jill Kietzke, MSN

PPS-Keep watch out for the video segments that were made at the state convention this year. I participated and had a LOT to say (imagine that) about Lionism and Diabetes.

PPPS-I forgot to mention Lions Camp-Diabetes Week, Take 1. We are SO SO SO blessed to have this camp in our state. Andrea and the committee blew my mind, taking over the camp experience without the support from the American Diabetes Association. I would love to share about camp at the next cabinet meeting, which I WILL attend in person.